RESOLUTION
OF
THE BOARD OF SUPERVISORS
MARIN COUNTY

PROCLAIMING
MENTAL HEALTH AWARENESS MONTH IN MARIN COUNTY
MAY 2020

WHEREAS, half of the population will experience some type of mental health challenge over the course of a lifetime; and

WHEREAS, mental health challenges are one of the most common health conditions in California, affecting one out of six adults and impacting both the person experiencing mental health challenges and those persons who care for and love the person facing the challenge; and

WHEREAS, over one-quarter of Marin County high school students experience chronic sad or hopeless feelings making it more difficult to fully access their educational opportunities; and

WHEREAS, every day, millions of people face stigma related to mental health and may feel isolated and alone, going years before receiving any help; and

WHEREAS, recovery can and does happen, and all Marin County residents should know that support and help is available regardless of any individual’s situation; and

WHEREAS, creating a community where everyone feels comfortable reaching out for the support they deserve is crucial to ending the stigma around mental health; and

WHEREAS, access to support and ending the stigma is of paramount importance; and

WHEREAS, now more than ever, as our community faces stress, isolation and uncertainty dealing with COVID-19, it is important that we remember that there is no health without mental health and that we lean on each other for support and connection; and

WHEREAS, the Marin County Board of Supervisors wishes to enhance public awareness of mental health and dispel the stigma surrounding it.

NOW, THEREFORE, BE IT RESOLVED that the Marin County Board of Supervisors hereby proclaims May 2020 as Mental Health Awareness Month in Marin County to enhance public awareness of mental health to help end the stigma.

PASSED AND ADOPTED at a regular meeting of the Board of Supervisors of the County of Marin held on this 19th day of May 2020.

KATIE RICE – SUPERVISOR, DISTRICT 2 – PRESIDENT