Youth Leadership Institute

YLI builds communities that invest in youth where young people and their adult allies come together to create positive social change.
About the Commission

Made up of 23 diverse youth between the ages of 12 and 23, MCYC’s goal is to act as a political voice for young people by engaging with the Marin County Board of Supervisors and other decision makers.
MCYC’s Racial Equity Subcommittee

- **R.A.C.E.** (Raising Awareness for Cultural Empathy)
- **5 workshops:** Hall Middle School 7th & 8th, Hamilton School K–8, Healthy Teens Marin’s Peer Summit, Tamalpais High School
“[I liked] the way you could be open in the class and not feel like you have to be worried about what you are going to say.”

Through this workshop, I gained a better understanding of my role in addressing racism.

The workshop leaders presented information in a way that made it easy to understand.

“I liked doing different activities about different topics. I also found it interesting that white people get so many more privileges.”

Through this workshop, I gained a better understanding of racism and privilege and the privileges that I carry.
Education Equity Subcommittee

- Worked with Marin Promise on their “Keeping Every Door Open” campaign.
- Met with Liz Darby to discuss expulsion and suspension rates in Marin.
- Working on an Op-Ed piece to submit to the Marin IJ regarding education inequality in Marin.
– We created three workshops, one for middle school students on gender identity and gender roles, and a workshop on consent for middle schoolers and high schoolers respectively.

– The workshops addressed the topics of **consent guidelines**, **boundary setting**, the differences between sexuality and gender, understanding diverse gender identities, and making educated decisions in sexual situations.

– We offered our middle school gender workshop at the Peer Summit event for middle school students. We did the workshop twice for two different groups of about 25 students.
Mental Health Subcommittee

- Worked with COM, NAMI Marin, TAY: Growing Roots Project, BHRS, and various other organizations
- Designed and hosted a county-wide Mental Health Summit
  - Discuss the stigma around mental health
  - Share the devastating statistics about youth mental health in Marin
  - Offer tools to community members to take care of their mental health
  - Offer tools to community members to be allies for others struggling
  - Discuss what advocacy means and how community members can get involved in large and small ways
  - Improve communication between parents, school officials, service providers and youth
Alcohol, Tobacco, and Other Drugs Subcommittee

**Receiving Funding**

Received a grant from Kaiser Permanente to sponsor research and solutions for a substance-based issue.

**Performing Research**

Hosted focus groups and conducted surveys to gain insight, and inform solutions.

**Choosing an Issue**

Recognized vaping as a prevalent issue in Marin.

**Launching a New Campaign**

Created a formal resolution based on findings that outlined effective responses to the issues identified by research.

- The resolution will inform the direction of upcoming joint-campaigns with Coalition partners.
Thank You to Our Community Partners!

NAMI Marin
TAY Advisory Council
Growing Roots Project
Health and Human Services - BHRS
Marin Prevention Network
Marin Promise
Tamalpais High School

Hamilton Middle School
Hall Middle School
Marin County Office of Education
College of Marin
Dixie Name Change Effort
Board of Supervisors
Marin County Library