ASSISTED OUTPATIENT TREATMENT (AOT) PROGRAM UPDATE

Overview of AOT

- Law that provides services for individuals with SPMI (serious and persistent mental illness), 18 years & older, who can benefit from treatment, but decline voluntary participation
- Referrals can be from family members who are over 18 or older, adult living with individual, agency providing mental health treatment to the individual, inpatient and outpatient hospitals, licensed mental health treatment provider or law enforcement agencies
- Eligible persons must be 18 years & older, have SPMI, unlikely to survive safely in the community without supervision, with history of lack of compliance with treatment, SPMI must have resulted either in:
  - Psychiatric hospitalization or incarceration two or more times within the past 36 months; or
  - Threats or acts of serious and violent behavior towards themselves or others within the past 48 months
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Lessons learned from San Mateo and San Francisco site visits:
  o The engagement process is key and relationship building is crucial with potential AOT clients, as by definition they are not interested in treatment
    ▪ Offer an extended engagement period
    ▪ Find out how to partner with what the client wants
    ▪ Often the client knows that something isn't working for them even if they do not identify mental illness as the cause
    ▪ Assertive engagement can decrease the number of court petitions necessary—San Mateo has a longer engagement period and has only done two petitions in two years of operation
  o The main goal of AOT is to help decrease the number of hospitalizations and incarcerations that clients experience, and for those who are not eligible for AOT, they will be connected with HHS mental health service delivery system
  o Communication between AOT team and treatment team is important, SF & SM have contracted agencies for treatment whereas our IMPACT program is in-house, facilitating continuity of care and allowing them to participate in the engagement process
ASSISTED OUTPATIENT TREATMENT (AOT) PROGRAM UPDATE

Progress Report on Program Implementation

- Pilot Program Launched 9/4/18
- Received One Referral
- Established Centralized Referral Number (415) 473-4321
- Completed Marketing Materials—Brochures in English and Spanish
- Established Referral Process
- Created partnership between AOT and IMPACT FSP as treatment arm, with plans to cross-train staff
- Developed Plan for Presentations to Community and Agencies, including Mental Health Board, NAMI, Marin General Hospital, and law enforcement—presentation to Marin County Sheriffs completed 9/11/18
- Developed Metrics & Data Collection Plan
- Conducted benchmark visits to San Francisco and San Mateo counties