

RESOLUTION
THE BOARD OF SUPERVISORS
MARIN COUNTY

PROCLAIMING
MENTAL HEALTH AWARENESS MONTH
MAY 2016

WHEREAS, one in five adult Americans will experience a diagnosable mental health condition some time in their lives. Untreated mental illness is the leading cause of disability around the world; and

WHEREAS, mental illnesses are treatable and recovery is possible, we see it every day. Yet because of stigma and discrimination, many people do not seek treatment; and

WHEREAS, every citizen and community can make a difference in helping end the silence and stigma that for too long has surrounded mental illness and has discouraged people from getting help; and

WHEREAS, public education and civic activities can encourage mental health and help improve the lives of individuals and families affected by mental illness; and

WHEREAS, the use of peer providers who have lived experience of mental health issues is an integral part of providing quality and in-touch services; and

WHEREAS, good mental health is an integral component of overall health and well-being. Improved collaboration with primary care is a key to improving access to services; and

WHEREAS, early identification and treatment can make a profound difference in successful management of mental illness and recovery; and

WHEREAS, Marin's mental health services' present focus on improving care for 16-24 year olds is going hand in hand with empowering those youth through choice and voice in their services and community; and

WHEREAS, citizens, government agencies, organizations, health care providers and research institutions are called upon to raise mental health awareness and continue helping people live longer, healthier lives.

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of the County of Marin hereby proclaims the month of May 2016 as "Mental Health Awareness Month" throughout Marin County.

PASSED AND ADOPTED at a regular meeting of the Board of Supervisors of the County of Marin held this 17th day of May 2016.

STEVE KINSEY -- SUPERVISOR, DISTRICT 4 - PRESIDENT

JUDY ARNOLD -- SUPERVISOR, DISTRICT 5

