

## **Disorders**

I don't really talk about this a lot, but I got a lot of stuff to deal with. I deal with PTSD, so my dreams are always about stuff, or similar to things that happened. I also deal with General Anxiety Disorder, and it's not pretty at all. I also have panic disorder every time I'm out I feel like I have a big ass sign over my head saying, "I'm right here come get me."

I also deal with bipolar disorder, and this is what my friends and anyone close to me sees very often. The disorder I have been able to cope with more, is antisocial personality disorder. I'm trying to come out of my aggressive and hateful stage. I wish none of these existed, but it is what it is. The people on the outside looking in wouldn't know this, but if anyone gets close enough, they'll know.

-YPC

From The Beat: We believe that you are owning the obstacles you cope with is incredibly brave, honest, highly admirable, and inspiring. Your writing is consistently interesting to read and well formatted. Your choice to write about these "disorders" will give our readers strength. Thank you.