Betrayed

I get betrayed by my own feelings. Sometimes I want to give people the benefit of the doubt when I know I shouldn't. Sometimes I go against my first gut, and it ends up bad, so I try not to betray my first instinct. But I be feeling like I would look crazy if I just didn't let no one close to me just because I had a gut feeling. But most times, when I go against my gut I get burnt or end up in a situation I don't want to be in for real. It's hard to control your emotions, but that's a part of being a man. When you're a man, you don't move off emotions. A lot of people who make decisions off emotions are dead or in jail or just plain doing bad in life.

-Gucc

From The Beat: Usually that gut feeling is there for a reason. That gut feeling can be connected to nervousness or the body telling you something isn't right. Try not to shut down completely, trust your gut. Maybe you just haven't found people you can feel safe around yet, but they do exist.