



County of Marin Community Service Fund Program Application Form

Application Date March 31, 2019

Fiscal Year July 1, 2018 - June 30, 2019

Organization Information

Full Legal Name: Youth Leadership Institute

Organization URL: www.yli.org

Mission/purpose of your organization:

For over 26 years the Youth Leadership Institute (YLI), the fiscal agent of this project, has sparked the leadership of 89,000 youth and their adult allies create social change. Through YLI core strategies of leadership development, community-led research and coordination of community campaigns, youth leaders from the most marginalized communities influence policy on issues related to educational equity, health equity, and economic justice. The Marin County Youth Commission (MCYC), staffed and supported by YLI, is made up of 23 youth aged 12-23 years, MCYC's goal is to act as a political voice for young people — particularly those in underserved populations, including youth of color, youth with disabilities, homeless youth, rural youth, and LGBTQ+ youth by engaging with the Marin County Board of Supervisors and other policymakers.

Grant Request Information

Program/Project Name: Mental Health Summit

Summary of how County funds would be used for project:

Purchase of lunch and healthy snacks for attendees; transportation, translation, and on-site mental health support to ensure accessibility; staff time for facilitation of the convening, follow-up event production

Amount Requested Dollar: Purchase of lunch and healthy snacks for attendees; transportation, translation, a

Total Project Cost: \$13,500.00

Description of the proposed project/program, including the proposed project's goal(s), and the nature of the costs in specific terms, i.e. materials, labor costs, etc. Specifics of how the requested County funds will be used.

The Marin Youth Commission is hosting a Mental Summit on Saturday, May 11th, 2019. Each of us has been working on the severe misrepresentation of mental health with two of our members stepping up to found Mental Health Awareness clubs at Branson and Redwood, and our other two members actively pushing to keep up the momentum of the Novato Wellness Center, we haven't been surprised in the least at the collectively hundreds of thanking us for finally bringing mental healthcare into the conversation at schools. The issue, however, with student-led mental health care efforts is that there are no organized programs. We feel that a community conversation is need now given the number of tragedies over the last few years. We will start this county-wide conversation by integrating narratives from youth and adults across a diverse set of lived experiences to allow all audience members to relate to the conversation on some level, and to allow them to feel seen enough to bring their own experience to the discussions. We hope to ignite synergy among the various leaders in the mental health field by providing an opportunity for mental health service providers to share their thoughts on where they feel Marin County can strengthen their support for youth and begin collaborating to fill in the gaps. The objectives of our event are as follows:

Attendees will strengthen their understanding of what mental illness is and its significance in youth lives across a diverse set of lived experiences

Attendees will walk away with tools/strategies on how to be an ally/advocate on an interpersonal level

Attendees will gain useful/applicable knowledge of the various mental health resources and organizations in Marin

Attendees will hear the Marin County Youth Commission's

recommendations on how schools and county organizations can improve mental health support for youth

The forum will serve as an anchor event to generate harmonious connections and destigmatize mental illness in the Marin community

List of all community interests that will be affected by the proposed project/program and the public benefit to be derived from it:

According to the National Alliance on Mental Illness (NAMI), 1 in 5 people are affected or know someone who is

affected by mental illness across the US, and according to the TAY Advisory Council's needs assessment data of 2016, 1 in 3 high school students in Marin County are affected by mental illness, which is alarmingly above the national average. Every commissioner on the Mental Health Committee personally witnesses the damage of the impersonal and insufficient mental health support in schools, and the negligence to improve them. This is troubling because, according to Dr. Jei Africa from BHRS, the responsibility to provide student mental health services shifted from the county to the schools several years ago. We sit in frustration watching school boards intentionally de-prioritize mental health and ignore student pleas for reform. At Redwood High School, a youth-led Mental Health Awareness Club was started in response to the Tam District's very recently proposed 50% budget cut of Bay Area Community Resources therapists on campuses. After the club rallied the community to voice opinions about keeping the services, the cuts were reduced from 50% to 22%. Nevertheless, 110 students will no longer get the support they need as a result of the cuts. In an effort for different startup initiatives and youth voices to finally come together to unify our community, we've planned this Mental Health Community Summit.

In the planning for this event, the Mental Health Committee has asked for support, resources, and insight from NAMI, the College of Marin (COM), Johns Hopkins' Adolescent Depression Awareness Program (ADAP), Marin County's Behavioral Health and Recovery Services (BHRS), and Marin County Growing Roots: The Young Adult Services Project. Through this summit, we will educate county and school board officials as well as parents, teachers, and other youth about the importance of understanding and advocating for mental health services for Marin County youth.

The total amount received for the past three fiscal years:

Year	Amount	Project
2017 - 2018	\$4,000.00	Statewide Youth Commission Convening
2016 - 2017		
2015 - 2016		

List of County funding received for this project or others.

We are receiving \$5,000 from Behavioral Health and Recovery Services through the Mental Health Services Act.

Project/program can be completed if amount received is less than requested amount of Community Service funds.

Applicants are encouraged to leverage funding from other non-County sources, and priority will be given to requests that represent no more than 50% of total project cost. To demonstrate all sources of project funding, including other County sources, please provide a project/program budget below. Please fill in as applicable, and round to the nearest dollar.

Project Funding Sources	Funding Agency	Funding Requested	Received	Notes
County CSF		\$8,500	\$0	
Federal Grant		\$0	\$0	
State Grant			\$0	
Individual Contributions				
Other Local Agencies		\$5,000	\$5,000	
In kind services				
Other				
Total Sources		\$13,500	\$5,000	
Project Expenses		Budgeted	Spent to Date	Notes
Personnel Costs		\$3,000	\$0	<i>staff time for facilitation of planning and day of</i>
Services and Supplies		\$10,500	\$0	<i>subcontracting NAMI to help build infrastructure</i>
Capital		\$0	\$0	
Other				
Total Expenses		\$13,500	\$0	