

## MCYC MEETING MINUTES

via zoom  
March 29, 2022

**In Attendance:**, Charles de Belloy, Cole Nadershahi, Eva Lacy, Greta Herman, Sam Lee, Sienna Garsten, Sophie Liu, Colette Holcomb, Lizbeth Mendieta Alvarado, Shail Belani, Scarlett Goh, Elena Pletcher, Jacob Bizzell, Jessica Ralh, Sarah Mondesir, Lauren Dias, Gurnoor Bassi, Diego Chavarria, Sara Serrano

**Absent:** Alexandra Coe, Abigail Shewmaker, Jessica Mendieta Alvarado & Zara Makkaoui

<p><b>6:30pm – Meeting Called to Order</b></p> <ul style="list-style-type: none"> <li>● Call to order/Roll call; Approval of Agenda</li> <li>● Time for public expression (3 minute limit p/p)</li> <li>● Commissioner Reports</li> </ul>	<p><b>Call to order/Roll call; Approval of Agenda &amp; Minutes</b></p> <ul style="list-style-type: none"> <li>● Meeting called to order by <b>Sophie</b> at 6:33 pm</li> <li>● <b>Lizbeth</b> motioned to approve Minutes. <ul style="list-style-type: none"> <li>○ <b>Charlie</b> seconds this</li> </ul> </li> </ul> <p><b>Time for public expression (3-minute limit per person)</b></p> <p>Supreme Court Justice Selection of Nominee Judge Ketanji Brown Jackson</p> <ul style="list-style-type: none"> <li>- was questioned repeatedly by Ted Cruz on multiple topics irrelevant to her occupation</li> <li>- <b>Sophie</b> wonders why ted cruz was asking so many weird questions</li> <li>- <b>Greta</b> is shocked about how some elected officials were elected in the first place because it seemed that they didn't know the difference between what was appropriate and what isn't</li> <li>- <b>Scarlett</b> feels so sorry for Judge Jackson because of how informal and uncomfortable the whole situation was</li> <li>- <b>Gurnoor</b> agrees with scarlett, saying the situation is unfair and that she was profiled differently because of her race</li> <li>- <b>Lizbeth</b> feels bad for Judge Jackson because of how terribly she was treated</li> </ul> <p><b>Commissioner Reports</b></p> <ul style="list-style-type: none"> <li>- Education Equity - Cole <ul style="list-style-type: none"> <li>- finalized details for financial literacy workshop and planned out college counseling</li> </ul> </li> <li>- LGBTQ+ - Sienna <ul style="list-style-type: none"> <li>- worked on getting together with schools and presenting</li> </ul> </li> <li>- Mental Health - Coco <ul style="list-style-type: none"> <li>- finalized mental health festival</li> </ul> </li> </ul>
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	<ul style="list-style-type: none"> <li>- ATOD - Jessica</li> <li>- reviewed narcan training and made some instagram posts</li> </ul>
<p><b>6:40pm – 6:55pm</b></p>	<p><b>Welcome/Opening</b></p> <ul style="list-style-type: none"> <li>● Introductions</li> <li>● Icebreaker: what day of the week do you feel like the most? What's the highlight of your week and why?</li> <li>● Review Agreements             <ul style="list-style-type: none"> <li>→ one mic one diva</li> <li>→ stories stay lessons leave</li> <li>→ respect yourself and others</li> <li>→ use "I statements</li> <li>→ ouch, oops, sorry,... educate</li> <li>→ step up, step back</li> <li>→ Have fun!</li> </ul> </li> </ul>
<p><b>6:55pm – 7:00pm</b></p>	<p><b>Old Business</b></p> <ul style="list-style-type: none"> <li>→ none</li> </ul>
<p><b>7:00pm – 8:00pm</b></p>	<p><b>New Business</b></p> <ul style="list-style-type: none"> <li>→ Election prep/training with Megan Stone, Lynn Dooley, and Pam Cook             <ul style="list-style-type: none"> <li>◆ objectives                 <ul style="list-style-type: none"> <li>● pre-register and register Marin County Students to vote</li> <li>● highlight the importance of youth engagement and participation in local, state, and federal elections</li> </ul> </li> <li>◆ process                 <ul style="list-style-type: none"> <li>● organize ideas</li> <li>● secure adult advisors</li> <li>● prepare outreach</li> <li>● provide feedback to Elections Dept.</li> </ul> </li> <li>◆ How MCYC and the Ambassador program can coordinate efforts                 <ul style="list-style-type: none"> <li>● work together to achieve goals</li> <li>● share information about the SEAP</li> </ul> </li> </ul> </li> <li>→ Narcan Training - ATOD workshop</li> </ul>

	<ul style="list-style-type: none"> <li>◆ Opioids <ul style="list-style-type: none"> <li>● a family of drugs that are usually prescribed for pain, but can include street drugs</li> <li>● the leading cause of accidental deaths in Marin County</li> </ul> </li> <li>◆ Overdose Education</li> <li>◆ Fentanyl Education <ul style="list-style-type: none"> <li>● powerful drug that can be mass produced and readily available</li> <li>● fentanyl is 50 times stronger than heroin</li> </ul> </li> <li>◆ Preventing Overdose deaths with Narcan <ul style="list-style-type: none"> <li>● narcan is an “opioid antagonist”</li> </ul> </li> <li>◆ What does narcan do? <ul style="list-style-type: none"> <li>● reverses opioid poisoning in minutes</li> <li>● repeated doses may be necessary</li> </ul> </li> <li>◆ Narcan training <ul style="list-style-type: none"> <li>● recognize an overdose and call 911</li> <li>● perform rescue breathing</li> <li>● administer narcan</li> <li>● aftercare</li> </ul> </li> <li>◆ Marin’s response <ul style="list-style-type: none"> <li>● Spahr center distributed narcan</li> <li>● RxSafe Marin</li> </ul> </li> <li>◆ How our community can help <ul style="list-style-type: none"> <li>● safe prescribing</li> <li>● safe drug disposal</li> <li>● prevent overdose deaths</li> <li>● treatment for opioid addiction</li> </ul> </li> </ul>
<p><b>8:03pm – 8:05pm</b></p>	<p><b>Announcements</b></p> <ul style="list-style-type: none"> <li>→ Next MCYC general meeting(financial literacy training): 4/12/22</li> <li>→ Take the parks survey and share it with every teenager possible</li> <li>→ MCYC Stafford Lake Outing coming up 4/23/22!</li> </ul>
<p><b>8:05pm – 8:15pm</b></p>	<p><b>Closing and Adjourn</b></p> <ul style="list-style-type: none"> <li>● one thing you liked or learned</li> <li>● <b>Sophie</b> motioned to end the meeting at 8:08 pm</li> </ul>

<b>Additional Notes:</b>	<b>TO DO:</b> Take the survey about Marin public parks, and share it with everyone you can! <a href="https://forms.gle/vwpS9zyy1pBZa7PM6">https://forms.gle/vwpS9zyy1pBZa7PM6</a>
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