STAY HEALTHY MARIN

HELP PREVENT THE SPREAD OF GERMS AND DISEASE

Wash your hands often with soap and water for at least 20 seconds.

Avoid touching your eyes, nose, and mouth.

Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

Clean and disinfect frequently touched objects and surfaces.

Stay home when you are sick, except to get medical care.

Avoid close contact with people who are sick.

MARIN HEALTH & HUMAN SERVICES
Health, Well-being & Safety

MORE INFORMATION
WEBSITE: **MARINHHS.ORG/CORONAVIRUS**
EMAIL: **COVID-19@MARINCOUNTY.ORG**